

WHO Consolidated Telemedicine Implementation Guide

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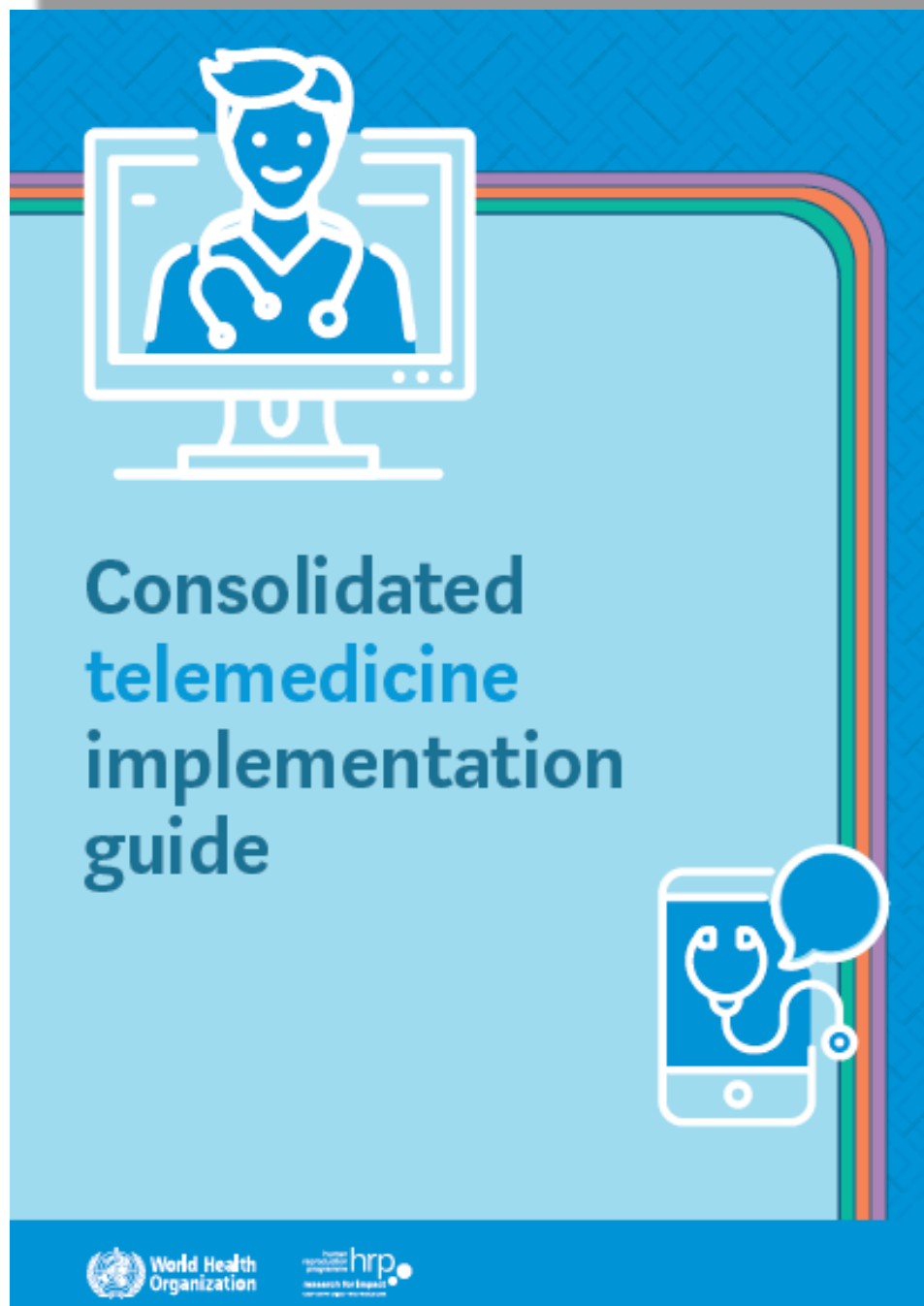
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<https://www.who.int/publications/i/item/9789240059184>



Definitions and key terms

- ❑ **Telemedicine** is defined as “the delivery of health-care services where distance is a critical factor, by all health-care professionals using information and communication technologies for the exchange of valid information for diagnosis, treatment and prevention of disease and injuries all in the interests of advancing the health of individuals and their communities”
- ❑ Telemedicine is a component of **telehealth**, which is a broader application of technologies for distance education and other applications wherein electronic communications and information technologies are used to support health-care services.
- ❑ “**Virtual health and care**” is another phrase to denote this area of work that highlights the delivery of health and care services remotely through digital means and technologies.



Source: World Health Organization, International Telecommunication Union. National eHealth strategy toolkit (2012)

What is telehealth? How is it different from telemedicine? In: HealthIT.gov (2021)

The future of virtual health and care: driving access and equity through inclusive policies. Geneva: Broadband Commission for Sustainable Development (2022)

Modalities of telemedicine

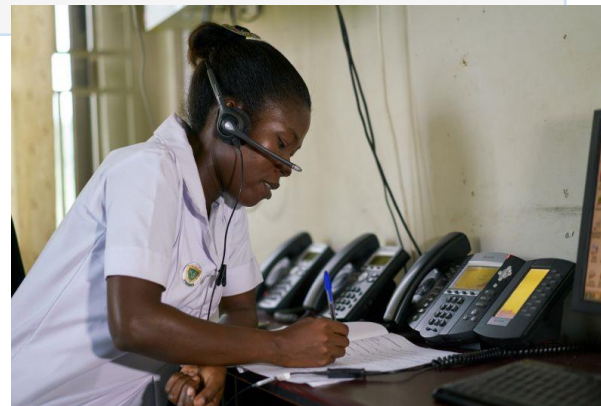
Store and forward

- Consists of storing and sending information remotely, in which health data and images are submitted digitally for analysis by a health worker at a later time, usually a specialist. It is also described as an asynchronous or deferred mode.



Interactive consultations

- Consists of communication between two or more actors in clinical practice for the purpose of diagnostic and treatment of clients/patients. Also described as a “real-time” “synchronous” or “teleconsultations.”



Remote patient monitoring

- Also known as telemonitoring – enables health workers to monitor an individual’s condition remotely, using technologies such as connected medical devices and sensors.



WHO recommendations and existing guidance

Assessment and implementation tools for telemedicine



Defining evaluation indicators for telemedicine as a tool for reducing health inequities: study and results of a community of practice (2016)



Implementing telemedicine services during COVID-19: guiding principles and considerations for a stepwise approach (2021)



Framework for the implementation of a telemedicine service (2017)



Leveraging telehealth for efficient delivery of primary health care in the WHO South-East Asia Region (2021)

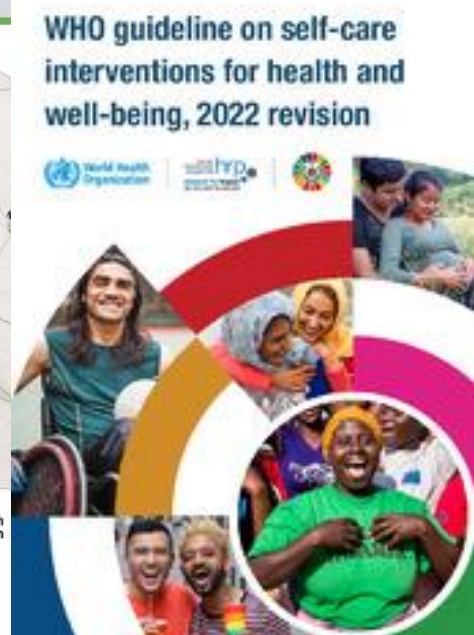
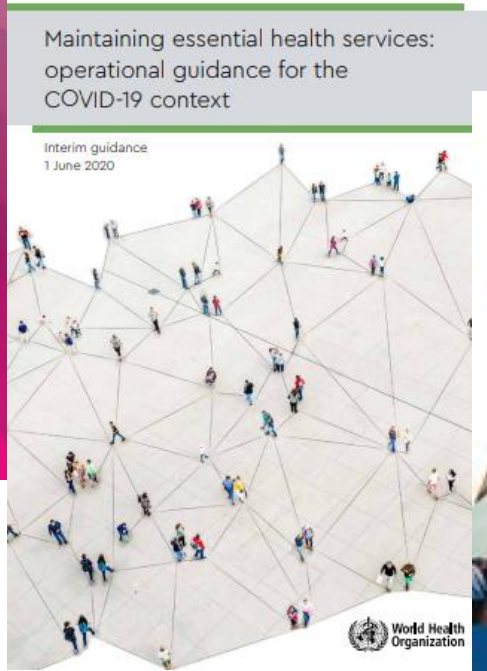
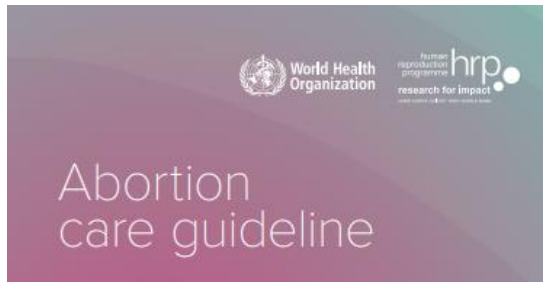


COVID-19 and telemedicine tool for assessing the maturity level of health institutions to implement telemedicine services (2020)



WHO-ITU global standard for accessibility of telehealth services (2022)

WHO recommendations and existing guidance



BOX 1. WHO guideline recommendations on telemedicine

General recommendations

- + **Client-to-provider telemedicine:** WHO recommends the use of client-to-provider telemedicine to complement, rather than replace, the delivery of health services and in settings where patient safety, privacy, traceability, accountability and security can be monitored. In this context, monitoring includes the establishment of standard operating procedures (SOPs) that describe protocols for ensuring patient consent, data protection and storage, and verifying provider licensing and credentials (1).
- + **Provider-to-provider telemedicine:** WHO recommends the use of provider-to-provider telemedicine in settings where patient safety, privacy, traceability, accountability and security can be monitored. In this context, monitoring includes the establishment of SOPs that describe protocols for ensuring patient consent, data protection and storage, and verifying provider licensing and credentials (1).

Recommendations related to specific health domains and use cases

- + **Good practice statement on telemedicine and self-care interventions:** Client-to-provider telemedicine to support self-care interventions can be offered to complement face-to-face health services (9).
- + **Telemedicine for abortion services:** WHO recommends the option of telemedicine as an alternative to in-person interactions with the health worker to deliver medical abortion services in whole or in part. This recommendation applies to assessment of eligibility for medical abortion, counselling and/or instructions relating to the abortion process, providing instruction for and (active) facilitation of the administration of medicines, and follow-up post-abortion care, all through telemedicine. Hotlines, digital applications, or one-way modes of communication (e.g. reminder text messages) that simply provide information were not included in the review of evidence for this recommendation (10).

PHASE 01

SITUATIONAL ASSESSMENT

Form the team and establish goals	STEP 01	
Define health programme context and targets	STEP 02	
Conduct landscape analyses	STEP 03	
Assess the enabling environment	STEP 04	

PHASE 02

PLAN THE IMPLEMENTATION

Determine how the telemedicine system will operate	STEP 05	
Enforce mechanisms for patient and health worker safety and protection	STEP 06	
Establish standard operating procedures (SOPs)	STEP 07	
Invest in client/patient engagement and gender, equity and rights	STEP 08	
Develop a budget	STEP 09	

PHASE 03

MONITORING AND EVALUATION, AND CONTINUOUS IMPROVEMENTS

Determine monitoring and evaluation goals	STEP 10	
Plan for continuous improvements and adaptive management	STEP 11	

PHASE 01: SITUATIONAL ASSESSMENT**STEP
01****FORM THE TEAM AND ESTABLISH GOALS**

- Identify stakeholders that should be involved in the design, management and implementation of the telemedicine programme

**STEP
02****DEFINE HEALTH PROGRAMME CONTEXT AND TARGETS**

- Determine the programmatic and geographic scope of the telemedicine service.

**STEP
03****CONDUCT A LANDSCAPE ANALYSIS**

- Conduct a landscape analysis of software applications and channels
- Map hardware needs and availability

**STEP
04****ASSESS THE ENABLING ENVIRONMENT**

- Assess digital maturity to determine infrastructural and organizational needs
- Review availability and competency of health workers
- Assess regulatory and policy considerations
- Consider implications for cross-jurisdictional flow of information
- Explore reimbursement models and payment mechanisms



STEP
01

FORM THE TEAM AND
ESTABLISH GOALS



GOVERNANCE

These include digital health leads at national and local implementation level, policy-makers, health regulatory bodies, telecommunications regulatory bodies, and relevant bodies for health financing for reimbursement and payment of services, among others.



MANAGEMENT

These include health/telemedicine administrators, digital health national coordinators, health programme coordinators, clinical services leads (for example, family planning; safe abortion; maternal, newborn and child health; noncommunicable diseases, etc.), and focal points in health management and information services for incorporating service delivery statistics, among others.



OPERATIONS

These include business analysts, software developers, end-user trainers, help desk support/systems maintenance and implementation coordinators, among others. It may be useful to consider the operations category in two subgroups: (i) individuals responsible for the technology, such as the software, hardware, database, and its maintenance, and (ii) implementers, such as trainers and programme coordinators.



**END-USER
REPRESENTATIVES**

These include clients/patients and their family members, patient groups, relevant professional bodies, and health workers, among others.



Use of human-centred design approaches and co-design of interventions should be considered for increasing usability, enhancing user experience and facilitating long-term adoption.

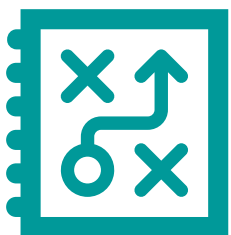


STEP 02

DEFINE HEALTH PROGRAMME CONTEXT AND TARGETS

PHASE 01

SITUATIONAL ASSESSMENT



- Examine **current processes and workflows** and **identify health system challenges and bottlenecks** that you seek to address. This would include asking what specific health problems the telemedicine programme could address, as well as what the prevalence is of a health problem and/or the geographic area of action.
- Determine who the **targeted end-users would be** – for example, health worker type, individuals, or other potential end-users of the system. What are their health needs?
- How many **health facilities, health workers, or clients/patients are targeted** for the implementation? In which geographic areas? Is the target population likely to use the telemedicine service?
- How will the **telemedicine service fit with the larger context of service delivery needs?** For example, will there be **integration with ambulance services, biological sample collection at home or primary health centres**, delivery of medicines at home through community health workers, referral pathways for continuum of care?



STEP
03

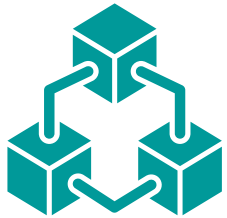
CONDUCT LANDSCAPE
ANALYSES

PHASE 01

SITUATIONAL ASSESSMENT



Conduct a landscape analysis of software applications and channels



- Map the current scope of the telemedicine services available in other settings or other health domains, with the aim to expand/adapt to meet requirements.
- WHO Digital Health Atlas (digitalhealthatlas.org) is one resource for identifying telemedicine implementations and associated applications that can be leveraged.

Map hardware needs and availability



- Assess the type of hardware available and needed. The hardware can include computers, tablets, monitors, audio-conferencing equipment (e.g., headsets), servers and connected medical devices.
- The mapping of hardware will also need to align with procurement guidelines (if available) and consider the reliability and availability of devices.



STEP
04

ASSESS THE ENABLING ENVIRONMENT

PHASE 01

SITUATIONAL ASSESSMENT



Domains for assessing the enabling environment



Foundational basis to identify issues to be resolved before moving forward with telemedicine services

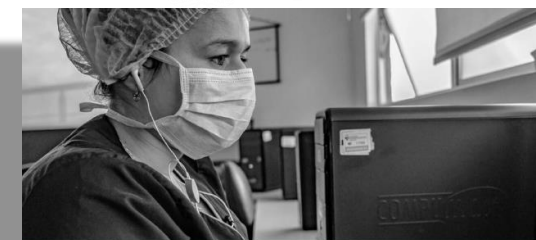
Set of operations and functions that must be taken into consideration

Necessary technological infrastructure, including hardware and software

Institutional capacity in the areas of health services and of information technology and communications

Rules and procedures that must be considered when providing telemedicine services

Additional know-how that could benefit the effective implementation of telemedicine services



COVID-19 AND TELEMEDICINE
Tool for assessing the maturity level of health institutions to implement telemedicine services

Version 3.0, July 2020



<https://www.paho.org/en/documents/covid-19-and-telemedicine>



STEP 04 ASSESS THE ENABLING ENVIRONMENT



I. Organizational readiness

1	Is senior management committed to telemedicine services?
2	Is it clearly understood that telemedicine is a priority?
3	Have the services been defined and prioritized?
4	Is there a budget for telemedicine services?
5	Is the IT staff trained to support telemedicine services?
6	Do the national policies support telemedicine services?
7	Does the institution have the necessary infrastructure for telemedicine services?
8	Does the institution have a telemedicine program in operation?
9	Does the institution have a telemedicine strategy or plan?
10	Does the institution have a telemedicine policy?

II. Processes

33	Have the duties, responsibilities, and roles for telemedicine services been defined?
34	Have the duties, responsibilities, and roles for telemedicine services been assigned?
35	Have procedures and protocols for telemedicine services been established?
36	Have procedures and protocols for confidentiality, privacy, and security been established for telemedicine services?
37	Are procedures in place for the management of telemedicine services?
38	Are notification procedures in place for adverse events during telemedicine services?
39	Are there standard operating procedures for telemedicine services?
40	Are there formal feedback mechanisms from patients?

III. Digital environment

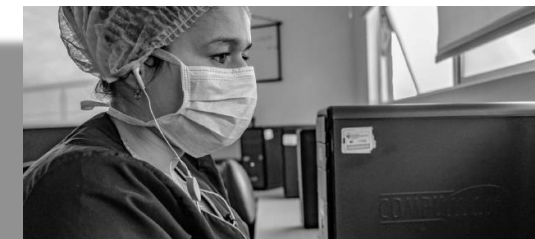
45	Is a regulatory framework in place for telemedicine services?
46	Does the institution have the necessary digital infrastructure for telemedicine services?
47	Is the institution providing telemedicine services?
48	Is the institution using telemedicine services?
49	Is the institution's budget sufficient for telemedicine services?
50	Is there a telemedicine strategy or plan?
51	Is there a telemedicine policy?
52	Are there technical issues with telemedicine services?
53	Is there a telemedicine program in operation?

IV. Human resources

72	Is there staff available to provide telemedicine services?
73	Has it been clearly defined which staff provide telemedicine services?
74	Have the minimum requirements for telemedicine services been defined?
75	Has the possibility of staff providing telemedicine services been considered?
76	Is there access to staff if necessary?
77	Are there plans to increase face-to-face hours for telemedicine services?
78	What is the level of telemedicine services?
79	Is there in-house telemedicine services?

V. Regulatory issues

Question	Level of maturity				Requests technical support
	1	2	3	4	
84					
85					
86					
87					
88					
89					



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STEP
04

ASSESS THE ENABLING
ENVIRONMENT

PHASE 01

SITUATIONAL ASSESSMENT

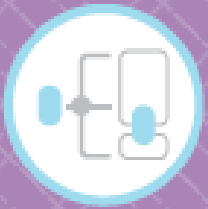


Although telemedicine guidelines and regulations are still emerging, they should contain the following:

- Supervising authority responsible for regulating telemedicine in the country
- When telemedicine is an appropriate standard of care
- Which entities would be involved in telemedicine and the types of health workers that can provide telemedicine-based treatment (e.g., doctors, nurses, midwives, community health workers, paramedics, therapists, counsellors, practitioners of alternative medicine).
- Responsibility and accountability for patient outcomes
- Patient consent that includes an explanation of the risks, benefits and limitations of telemedicine.
- Record-keeping and reporting standards
- Data privacy and security standards
- Technology standards for hardware, software and interoperability
- Training requirements and certifications
- Quality assurance and quality control measures
- Purchasing arrangements (e.g., financing, reimbursement)
- Cross-jurisdictional provision of services via telemedicine

PHASE 02: PLAN THE IMPLEMENTATION

STEP 05	<p>DETERMINE HOW THE TELEMEDICINE SYSTEM WILL OPERATE</p> <ul style="list-style-type: none"> <input type="checkbox"/> Define the functional and nonfunctional requirements <input type="checkbox"/> Update workflows reflecting the requirements <input type="checkbox"/> Conduct extensive user testing <input type="checkbox"/> Plan for change management
STEP 06	<p>ENFORCE MECHANISMS FOR PATIENT AND HEALTH WORKER SAFETY AND PROTECTION</p> <ul style="list-style-type: none"> <input type="checkbox"/> Put systems in place for data privacy, access and protection of patient information <input type="checkbox"/> Enforce ways to verify licensing/accreditation of health workers <input type="checkbox"/> Determine and disclose if audio/video recording will be done
STEP 07	<p>ESTABLISH STANDARD OPERATING PROCEDURES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Clarify clinical protocols and identify potential liability considerations <input type="checkbox"/> Determine the training package and channels for support <input type="checkbox"/> Establish a process for confirming identification <input type="checkbox"/> Establish clear consent documentation <input type="checkbox"/> Explore whether changes to health worker remuneration are needed <input type="checkbox"/> Establish a plan for management of connected medical devices
STEP 08	<p>INVEST IN CLIENT/PATIENT ENGAGEMENT AND GENDER, EQUITY AND RIGHTS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Determine mechanisms for outreach <input type="checkbox"/> Assess implications on equity, gender and rights <input type="checkbox"/> Ensure accessibility for persons with disabilities
STEP 09	<p>DEVELOP A BUDGET</p> <ul style="list-style-type: none"> <input type="checkbox"/> Define the budget for overall cost of ownership <input type="checkbox"/> Plan how to integrate telemedicine into routine health service delivery



STEP
05

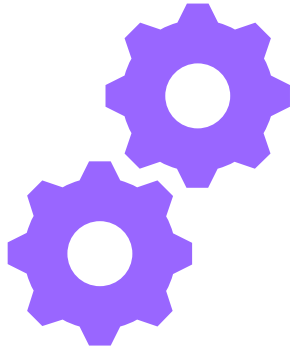
DETERMINE HOW THE
TELEMEDICINE SYSTEM
WILL OPERATE

PHASE 02

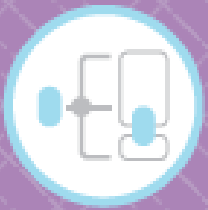
PLAN THE IMPLEMENTATION



- ✓ Define the functional and nonfunctional requirements of the telemedicine system.
- ✓ Common considerations for developing functional and nonfunctional requirements include:



- Will the telemedicine functionality be conducted as asynchronous or synchronous communication?
- Will the telemedicine system be used between patients and health workers, among health workers, or both?
- What channels will the telemedicine system use (e.g., text, audio, images, video, sensors, applications)?
- Will the telemedicine system use an already developed application?
- Will the telemedicine system allow for multiple modes of delivery (e.g. personal devices, through community health workers, etc)?
- Will the telemedicine system need to exchange data with or link to other digital systems (e.g. electronic medical record or health management information system) to ensure continuity of care and accountability?



STEP
05

DETERMINE HOW THE
TELEMEDICINE SYSTEM
WILL OPERATE

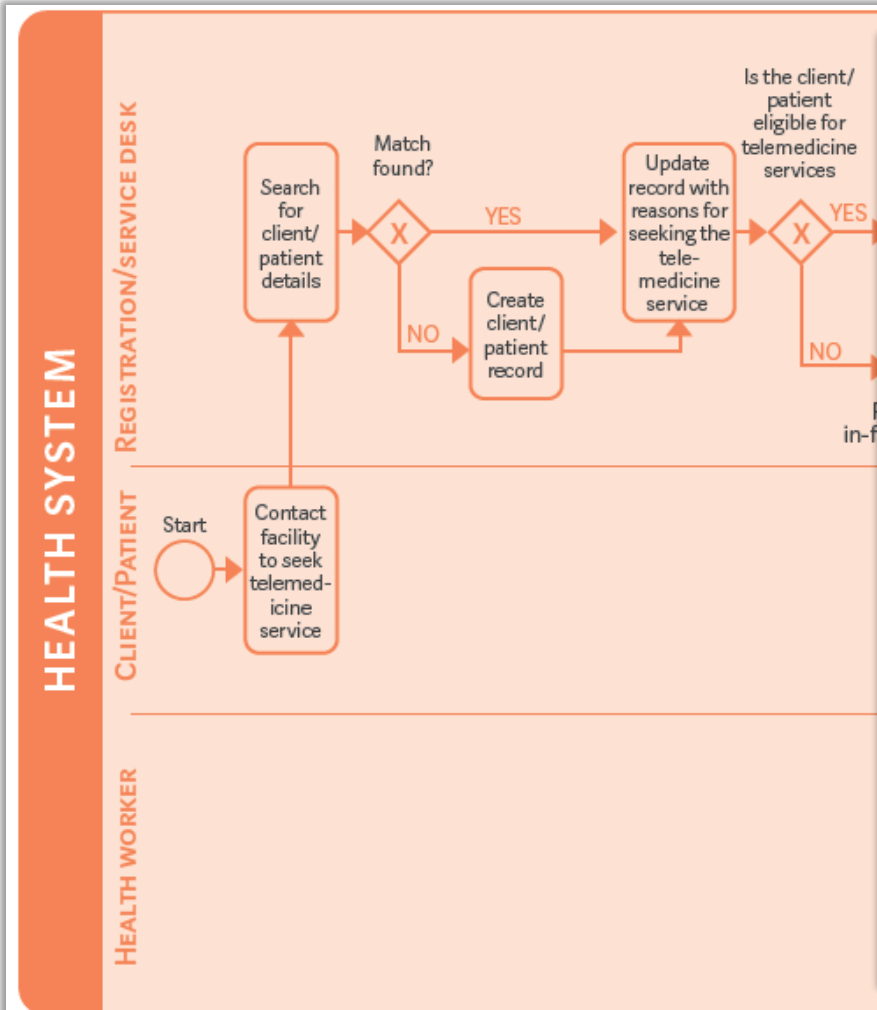
PHASE 02

PLAN THE IMPLEMENTATION

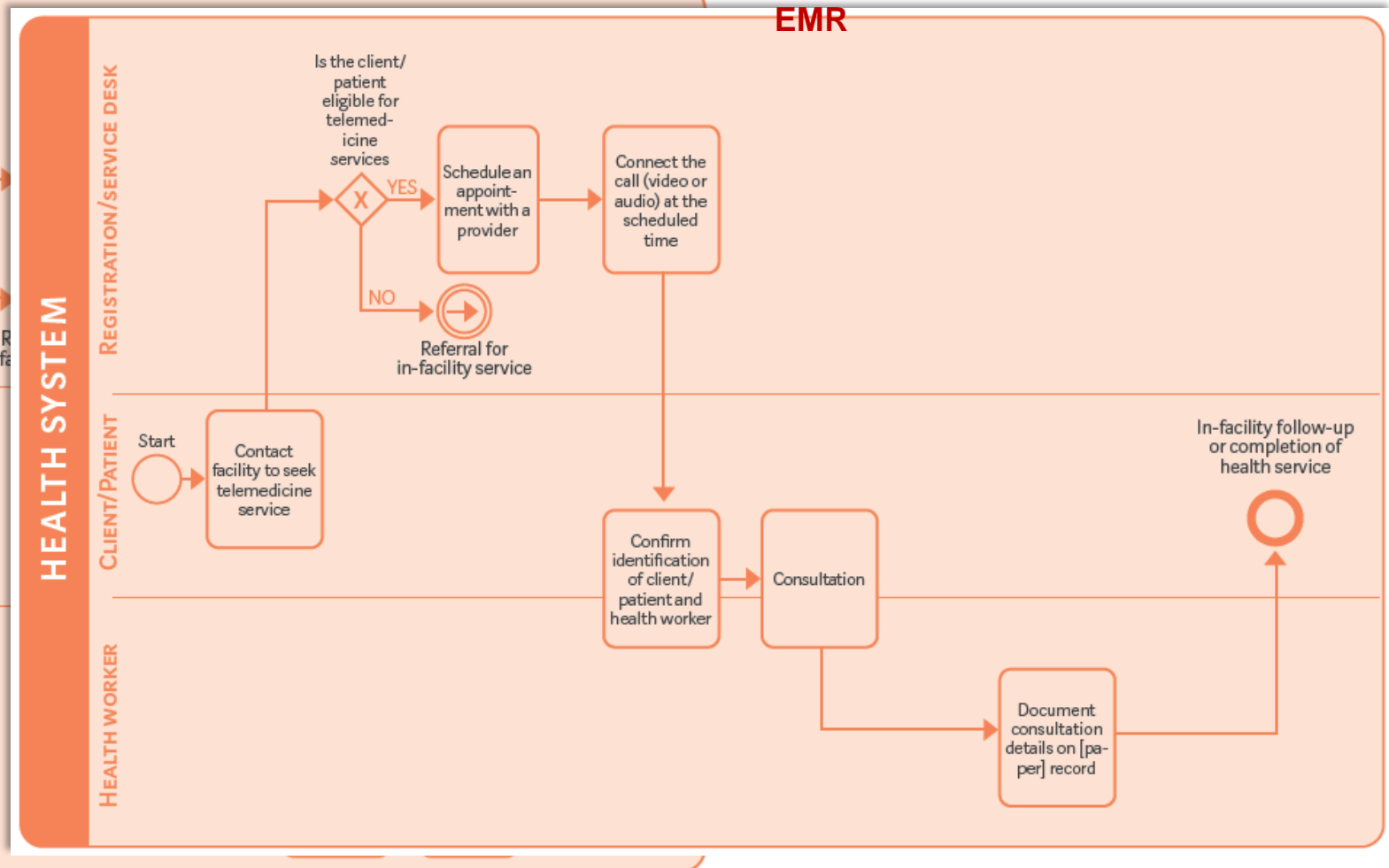


Review and update workflows reflecting identified requirements

Teleconsultation with linkage to EMR



Teleconsultation with no linkage to EMR





STEP
06

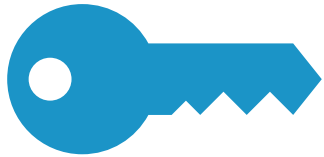
ENFORCE MECHANISMS FOR
PATIENT AND HEALTH WORKER
SAFETY AND PROTECTION

PHASE 02

PLAN THE IMPLEMENTATION



Put systems in place for data privacy, access and protection of patient information



- Identify a mechanism to clearly identify which of the end-users who are linked to the telemedicine service are authorized to have access to the information.
- Develop a data security plan for storing, transferring and processing sensitive health information, as well as on how to manage access to clinical records for use during the telemedicine service implementation.
- Secure a location** for conducting the telemedicine intervention, such as a secure closed room, cubicle, or other secure environments to minimize overhearing/sharing of health information.
- Determine **if personal devices, such as health workers' own** phones, will be used as part of the delivery of telemedicine services, and policies for data protection or limitations on what can be recorded or stored on a personal device.



STEP
07

ESTABLISH STANDARD
OPERATING PROCEDURES
(SOPS)

PHASE 02

PLAN THE IMPLEMENTATION



Determine training package and support channels

- ❑ Identify topics the training should include, e.g.:
 - ❑ familiarity with the digital components
 - ❑ clinical skills and adaptations for telemedicine services
 - ❑ remote patient management/communication skills, etc.

Continuously refine training package based on the cases and scenarios that end-users are facing.

- ❑ Ensure training and support are available through different channels, including individual training sessions, as well as through help desks and easily accessible tools for end-users to seek information on navigating the technological aspects of the telemedicine system.





STEP
06

ENFORCE MECHANISMS FOR
PATIENT AND HEALTH WORKER
SAFETY AND PROTECTION

PHASE 02

PLAN THE IMPLEMENTATION



Enforce verification of health workers

- Clarify legal framework for the implementation of telemedicine, including licensing and regulation of health workers providing telemedicine services.
- Provide redressal mechanisms to deal with fraud and abusive situations to protect health workers. Similarly, there should also be systems for medical liability and auditing of services

Determine and disclose if audio/video recording will be done

- Determine if calls may be recorded and stored for monitoring and quality assurance purposes, with appropriate patient consent.
- Ensure patients are made aware of and consent to a recording of the telemedicine consultation for potential auditing and monitoring purposes.
- Develop a plan for safe and protected archival of the recordings.





STEP
07

ESTABLISH STANDARD
OPERATING PROCEDURES
(SOPS)

PHASE 02

PLAN THE IMPLEMENTATION



Establish plan for management of connected medical devices to be used for remote patient monitoring (as appropriate)

- ✓ How will clients/patients obtain the connected medical devices?
- ✓ Will the connected medical devices be provided as a loan? If so, how will these be monitored?
- ✓ If clients/patients purchase the connected medical devices, will they be eligible for reimbursement?
- ✓ How will malfunctions and technical issues with the medical devices be handled? How will maintenance of the medical devices be handled?
- ✓ What plans are in place if patients do not return the loaned medical device?
- ✓ How will devices be calibrated and tested prior to distribution? Will the connected medical devices need to be vetted against regulatory standards?





STEP
08

INVEST IN CLIENT/PATIENT
ENGAGEMENT AND GENDER,
EQUITY AND RIGHTS

PHASE 02

PLAN THE IMPLEMENTATION



Determine the mechanisms for outreach and raising awareness

- Investment in community outreach, awareness, such as through social media, mass media communication and community outreach, how to access the intervention (such as pamphlets, health portals, health facilities, etc.)

Assess the implication for equity, gender and rights

- Ensure there are multiple ways to access communication channels for the telemedicine intervention, as well as allowing for different access points, such as through community health workers or kiosks.

Ensure accessible services for persons with disabilities

- For example, people with vision impairment might not be able to read text or use online platforms if not compatible with assistive devices.
- People with hearing impairment may be unable to communicate with a health worker if captioning and volume control not available





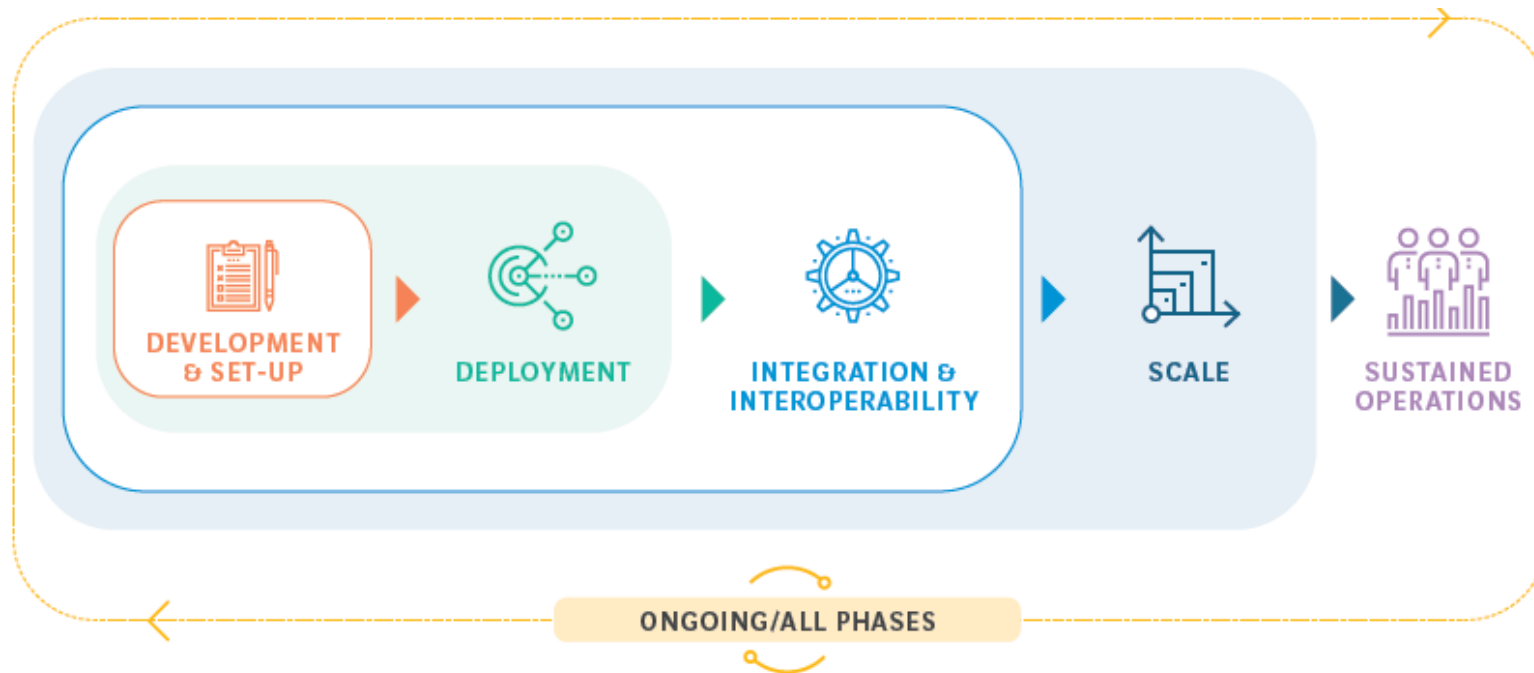
STEP
09 DEVELOP A BUDGET

PHASE 02

PLAN THE IMPLEMENTATION



Define budget for overall cost of ownership across all phases of implementation



Note costs to patients may not be reflected in the budget but should be considered, particularly if these are expected to be out-of-pocket expenses.

Plan integration of telemedicine into routine health service delivery and management of payments in the long term.



STEP
09 DEVELOP A BUDGET

PHASE 02

PLAN THE IMPLEMENTATION



Common cost categories for consideration for patient to health worker telemedicine

Cost category	Description
ONGOING/ALL PHASES	
Governance	<ul style="list-style-type: none"> » Personnel for partnership-building (such as Technical Working Group members and operators) » Meeting costs (transportation, per diem, etc.) » Governance body to oversee standards and quality
Management and staffing	<ul style="list-style-type: none"> » Personnel to oversee overall program » Clerical staff to answer and triage inquiries (they also do the call intake) » Clinical staff to provide consultation (particularly expensive if the service is specialized) » Access to referral specialists in case of complex cases (such as dermatology or ophthalmology) » Personnel for routine monitoring of calls and use of the service » Personnel for system set-up and end-user training
DEVELOPMENT AND SET-UP	
Outreach and raising awareness	<ul style="list-style-type: none"> » Development of materials on how to use health portals, health facilities display, etc. » Dissemination to clients/patients a phone bank of numbers to communicate » Stakeholder meetings/engagement development and acceptance feedback
Technology adaptation	<ul style="list-style-type: none"> » Software customization for communication modalities (data/images, voice calls, text messages) » Security features, such as end-user authentication and health information protection » Cloud-based solutions with encryption
DEPLOYMENT	
Equipment/hardware	<ul style="list-style-type: none"> » Computer with dedicated software system for audio and video connections for health workers to conduct consultations » Audio or videoconferencing equipment, which may include headsets and trunk lines (central lines that can direct voice calls, images and videos to multiple lines and across different network operators) » Access to authorized or recommended medical devices to capture clinical data needed as appropriate.
Initial training	<ul style="list-style-type: none"> » Development/adaptation of training protocols and Standard Operating Procedures for referral processes » Initial training to end-users (e.g. health workers and community health workers) on the telemedicine system.
INTEGRATION AND INTEROPERABILITY	
Technology adaptation	<ul style="list-style-type: none"> » Design of technology architecture to link the telemedicine system with existing systems such as targeted client/patient communication » Software customization to reflect integration.
Human resources	<ul style="list-style-type: none"> » Additional personnel to define interoperability requirements » Additional personnel to ensure the ongoing maintenance of the system » Additional personnel for increased coordination with other systems and integrations and governance.
SCALE	
Training and adaptive management	<ul style="list-style-type: none"> » Additional training for health workers conducting the telemedicine » Additional training for supervisory personnel on continuous monitoring » Additional training for ICT support staff to provide end-user support, troubleshooting, back-up and recovery » Periodic review meetings to discuss feedback on system performance and challenges.
Equipment/hardware	<ul style="list-style-type: none"> » Additional computer with dedicated software system for audio and/or video connections for health workers to conduct the consultation » Additional audio or videoconferencing equipment, which may include headsets and trunk lines (central lines that can direct voice calls, images and videos to multiple lines and across different network operators) » Access to authorized or recommended medical devices to capture clinical data needed as appropriate.
SUSTAINED OPERATIONS	
Refresher training and adaptive management	<ul style="list-style-type: none"> » Refresher training and continuous support to health workers on how to use the telemedicine system » Periodic review meetings to discuss system performance and workflow integration.
Communication/data exchanges	<ul style="list-style-type: none"> » Airtime and/or transmission of data files, depending on the volume and modality of the communication (modalities/communication channels may include videoconferencing, transmission of data or images, web-based platforms, voice calls and interactive voice response; the caller may incur these costs unless there are provisions for the service to be toll-free, enabling costs to be absorbed by the organization/facility providing the remote consultation) » Support line for client/patient experiences and feedback.
Technology maintenance	<ul style="list-style-type: none"> » Software maintenance and licence fees » Hardware maintenance, including insurance and repair/replacement of hardware.

PHASE 03: MONITORING AND EVALUATION (M&E), AND CONTINUOUS IMPROVEMENTS

STEP
10

DETERMINE M&E GOALS

- Define indicators for assessing performance and impact

STEP
11

PLAN FOR CONTINUOUS IMPROVEMENTS AND ADAPTIVE MANAGEMENT

- Embed mechanisms for routine monitoring and continuous improvement
- Mitigate potential risks



STEP
10

DETERMINE M&E GOALS

PHASE 03

MONITORING AND EVALUATION,
AND CONTINUOUS IMPROVEMENTS



Define indicators for assessing performance and impact. Illustrative indicators below:

Domain	Definition	Illustrative subdomains	Illustrative indicators
Reach	The number of people who are willing to participate in a given telemedicine programme.	<ul style="list-style-type: none"> » Coverage » Equity » Accessibility 	<p>Coverage:</p> <ul style="list-style-type: none"> » Percentage of performed us » Percentage of enrolled in te » Number/perc monitored by <p>Equity/accessibil</p> <ul style="list-style-type: none"> » Number of pe economic lim access to care
Effectiveness	The impact of a telemedicine programme on important outcomes, including potential negative effects, quality of life, and economic outcomes. Heterogeneity of effects and reasons for success or lack of success.	<ul style="list-style-type: none"> » Timeliness of care » Quality of care » Financial implications for clients/patients 	<p>Timeliness of care:</p> <ul style="list-style-type: none"> » Time required to obtain health service via telemedicine versus non-telemedicine (17). » Decrease in wait times for clients/patients (18,19). » The amount of time to check in for a visit (19). <p>Quality of care:</p> <ul style="list-style-type: none"> » Medication adherence/care plan compliance among patients (18,19). » Percentage change in admission and readmission rates (16). <p>Financial implications – clients/patients:</p> <ul style="list-style-type: none"> » Private or out-of-pocket transport costs to access service (18-20). » Non-transport costs to clients/caregivers, such as time off work/school, cost of childcare (18-20). » Travel distance to service or health worker's office and distance saved from not travelling (18,20,21).



STEP 10

DETERMINE M&E GOALS

PHASE 03

MONITORING AND EVALUATION, AND CONTINUOUS IMPROVEMENTS



Define indicators for assessing performance and impact. Illustrative indicators below:

<p>Adoption</p>	<p>The absolute number, proportion and representativeness of: (a) settings; and (b) intervention agents (people who deliver the telemedicine programme) who are willing to initiate a telemedicine programme.</p>	<ul style="list-style-type: none"> » Adoption by geographic area » Adoption by type of health worker » Utilization of telemedicine services » Health worker satisfaction » Client/patient satisfaction » Acceptance and trust 	<p>Adoption by geographic area or facility:</p> <ul style="list-style-type: none"> » Percentage of units (municipalities, 	<p>Implementation</p> <p>At the setting level, this refers to the intervention agents' fidelity to the various elements of a telemedicine programme's protocol, including consistency of delivery as intended and the time required.</p>	<p>» Usability</p> <p>» Stability</p> <p>Usability:</p> <ul style="list-style-type: none"> » Percentage of completed telemedicine 	<p>Maintenance</p> <p>The extent to which: (a) the programme is sustained after the initial intervention; or (b) a telemedicine programme or policy becomes institutionalized or part of routine organizational practices and policies. This includes proportion and representativeness of settings that continue the intervention and reasons for maintenance, discontinuation or adaptation.</p> <ul style="list-style-type: none"> » Sustainability » Institutional changes » Costs to health system <p>Sustainability:</p> <ul style="list-style-type: none"> » Percentage of clinical services delivered via telemedicine (21). <p>Institutional changes:</p> <ul style="list-style-type: none"> » Percentage of patient encounters for which no subsequent in-person encounter was necessary (17). » Change in access to specialty health workers (19). <p>Costs to health system:</p> <ul style="list-style-type: none"> » Percentage of telemedicine services reimbursed (17).
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STEP
11

PLAN FOR CONTINUOUS
IMPROVEMENTS AND
ADAPTIVE MANAGEMENT

PHASE 03

**MONITORING AND EVALUATION,
AND CONTINUOUS IMPROVEMENTS**



Mitigate potential risks

Domain	Potential risks/ challenges	Mitigation strategies
Leadership and governance	Lack of governance mechanisms for oversight and implementation	» Establish a team and governance structure and strategic direction necessary for long-term including payment for services.
Strategy and investment	Insufficient resources for maintenance of the telemedicine service, including for software updates and cybersecurity coverage	» Communicate funding needs and plan term costs.
	Unclear payment processes and reimbursement mechanisms for telemedicine services	» Plan for integration of telemedicine into and inclusion into service delivery pack » Establish policies for reimbursement or recognition of telemedicine as reimbursed
Legislation, policy and compliance	Lack of telemedicine regulations to provide oversight and recognition for telemedicine services to be reimbursed or recognized as an official health service	» Establish regulatory guidelines for telemedicine that can include through review and adapt to local guidelines.
	Legal liability in cross-jurisdiction telemedicine	» Engage stakeholders across the different jurisdictions to clarify regulatory guidelines, including legal liability, data exchange, and payment
	Data protection and privacy	» Establish SOPs that delineate access to patient data, including recordings from consultations and data from connected devices used in remote patient monitoring.
Infrastructure	Inaccessibility by clients/patients due to technology, network and data connectivity, technology quality, failure to meet clinical expectations)	» Develop different modalities for access to telemedicine service, including through health workers and different types of devices
Workforce	Resistance from health workforce and low morale due to unfamiliar workflow and technologies	» Engage health workforce in the design and introduction of the telemedicine service.
	Low levels of engagement or uptake by health workforce	» Allocate resources for training and continuous support and coaching, including through help desks and other channels for technical support. » Conduct trial runs of new workflows to allow for familiarity.
	Lack of physical contact may impact quality of care and raise concerns about medical liability	» Develop policies on what services should be done in person and what can be delivered via telemedicine. » Consult health programme leads and health workers for guidance on what services can be adapted for telemedicine. » Provide training on adapting clinical interventions for telemedicine.
Services and applications	Risk of privacy or security breach due to inadequate or non-compliant privacy and security safeguards	» Ensure terms and conditions of applications address privacy and data-hosting considerations. » Conduct background checks on vendor supporting the software application (as appropriate).
Standards and interoperability	Limited continuity of care and scale of implementation due to fragmentation of digital health landscape	» Use of data exchange standards for use within electronic medical records. » Leveraging available shared services, such as health worker registry, facility registry, unique identifiers.

Summary

PHASE 01: SITUATIONAL ASSESSMENT	
STEP 01	FORM THE TEAM AND ESTABLISH GOALS <ul style="list-style-type: none"><input type="checkbox"/> Identify stakeholders that should be involved in the design, management and implementation of the telemedicine programme
STEP 02	DEFINE HEALTH PROGRAMME CONTEXT AND TARGETS <ul style="list-style-type: none"><input type="checkbox"/> Determine the programmatic and geographic scope of the telemedicine service.
STEP 03	CONDUCT A LANDSCAPE ANALYSIS <ul style="list-style-type: none"><input type="checkbox"/> Conduct a landscape analysis of software applications and channels<input type="checkbox"/> Map hardware needs and availability
STEP 04	ASSESS THE ENABLING ENVIRONMENT <ul style="list-style-type: none"><input type="checkbox"/> Assess digital maturity to determine infrastructural and organizational needs<input type="checkbox"/> Review availability and competency of health workers<input type="checkbox"/> Assess regulatory and policy considerations<input type="checkbox"/> Consider implications for cross-jurisdictional flow of information<input type="checkbox"/> Explore reimbursement models and payment mechanisms



PHASE 02: PLAN THE IMPLEMENTATION	
STEP 05	DETERMINE HOW THE TELEMEDICINE SYSTEM WILL OPERATE <ul style="list-style-type: none"><input type="checkbox"/> Define the functional and nonfunctional requirements<input type="checkbox"/> Update workflows reflecting the requirements<input type="checkbox"/> Conduct extensive user testing<input type="checkbox"/> Plan for change management
STEP 06	ENFORCE MECHANISMS FOR PATIENT AND HEALTH WORKER SAFETY AND PROTECTION <ul style="list-style-type: none"><input type="checkbox"/> Put systems in place for data privacy, access and protection of patient information<input type="checkbox"/> Enforce ways to verify licensing/accreditation of health workers<input type="checkbox"/> Determine and disclose if audio/video recording will be done
STEP 07	ESTABLISH STANDARD OPERATING PROCEDURES <ul style="list-style-type: none"><input type="checkbox"/> Clarify clinical protocols and identify potential liability considerations<input type="checkbox"/> Determine the training package and channels for support<input type="checkbox"/> Establish a process for confirming identification<input type="checkbox"/> Establish clear consent documentation<input type="checkbox"/> Explore whether changes to health worker remuneration are needed<input type="checkbox"/> Establish a plan for management of connected medical devices
STEP 08	INVEST IN CLIENT/PATIENT ENGAGEMENT AND GENDER, EQUITY AND RIGHTS <ul style="list-style-type: none"><input type="checkbox"/> Determine mechanisms for outreach<input type="checkbox"/> Assess implications on equity, gender and rights<input type="checkbox"/> Ensure accessibility for persons with disabilities
STEP 09	DEVELOP A BUDGET <ul style="list-style-type: none"><input type="checkbox"/> Define the budget for overall cost of ownership<input type="checkbox"/> Plan how to integrate telemedicine into routine health service delivery

PHASE 03: MONITORING AND EVALUATION (M&E), AND CONTINUOUS IMPROVEMENTS	
STEP 10	DETERMINE M&E GOALS <ul style="list-style-type: none"><input type="checkbox"/> Define indicators for assessing performance and impact
STEP 11	PLAN FOR CONTINUOUS IMPROVEMENTS AND ADAPTIVE MANAGEMENT <ul style="list-style-type: none"><input type="checkbox"/> Embed mechanisms for routine monitoring and continuous improvement<input type="checkbox"/> Mitigate potential risks

