

Mental Health and Telemedicine

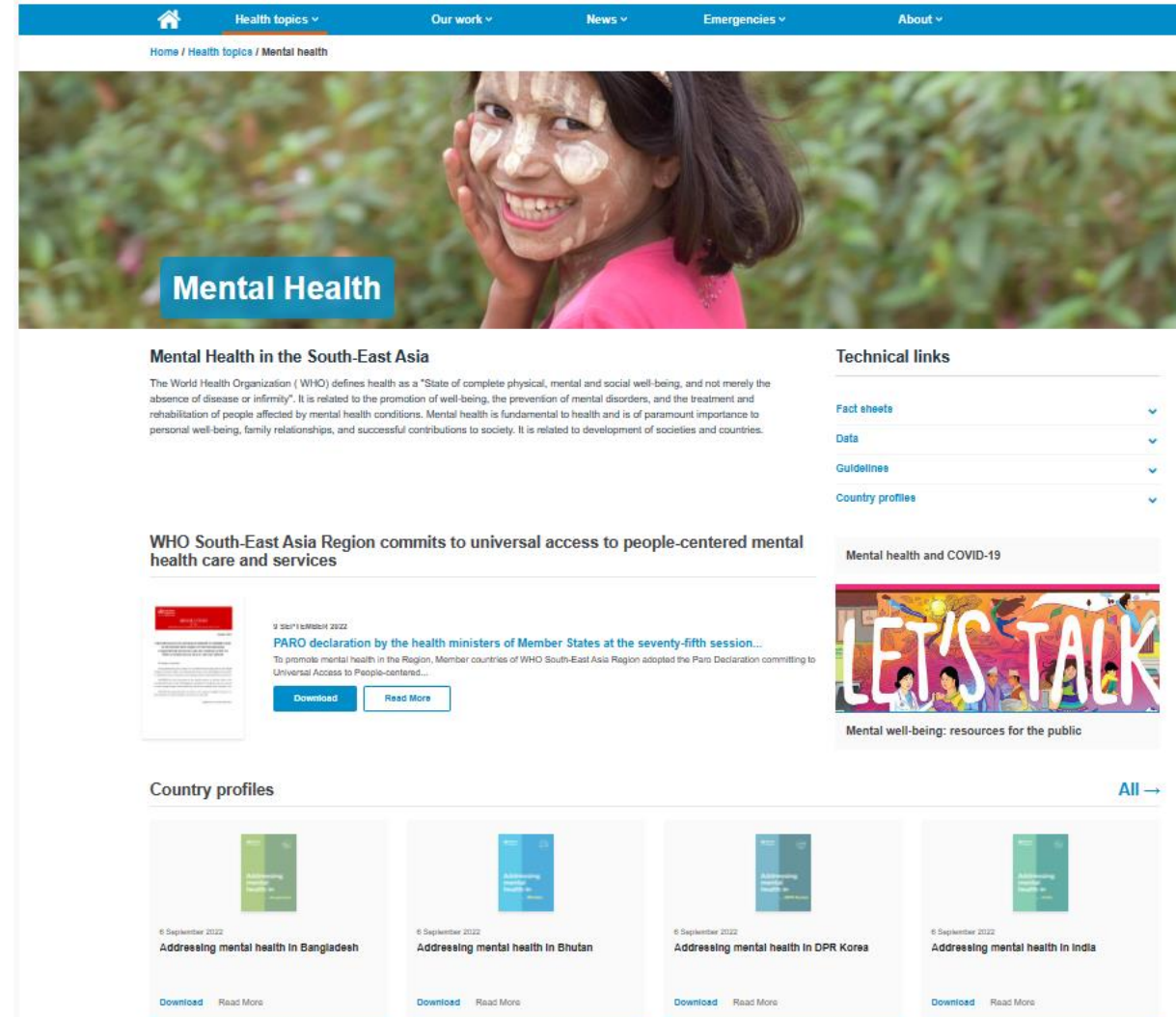
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New Delhi

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Why digital technologies?

- To inform and educate the public
- To train and support health care workers and non-specialist providers
- For remote care
- For self-help



The screenshot shows the WHO South-East Asia Region website page for Mental Health. The page features a navigation bar at the top with links for Home, Health topics, Mental health, Our work, News, Emergencies, and About. The main content area includes a large image of a smiling woman with white powder on her face, with a blue box labeled "Mental Health" overlaid. Below this, there is a section titled "Mental Health in the South-East Asia" with a brief definition of health from WHO. To the right, there are "Technical links" such as Fact sheets, Data, Guidelines, and Country profiles. A central section highlights a "PARO declaration by the health ministers of Member States at the seventy-fifth session..." with "Download" and "Read More" buttons. Below this, there is a "Country profiles" section with a grid of four cards for Bangladesh, Bhutan, DPR Korea, and India, each with a "Download" and "Read More" button. A banner for "LET'S TALK" is also visible on the right side.

<https://www.who.int/southeastasia/health-topics/mental-health>

DIGITAL DIVIDE

- Most households in least developed countries do not have internet access



Relying on digital technologies risks excluding some of the world's most vulnerable people from accessing the care they need.

Train

Google Play Games Apps Movies & TV Books Kids

mhGAP-IG 2.0 App (e-mhGAP)

Universal Projects & Tools, SL

10K+ Downloads Everyone

Install on more devices

You don't have any devices

Developer contact

More apps to try

- Microsoft To Do: Lists & Tasks
Microsoft Corporation
4.6 ★
- Microsoft OneNote: Save Notes
Microsoft Corporation
4.5 ★

WHO QualityRights e-training on mental health

< Policy, law & rights

QR e-training

WHO MINDbank

Sign up to the QualityRights e-training

Digital technologies to train and support health workers and non-specialist providers

EQUIP: Ensuring Quality in Psychological Support

EQUIP enhances training and supervision for improved mental health and psychosocial support services.

[LEARN MORE](#)



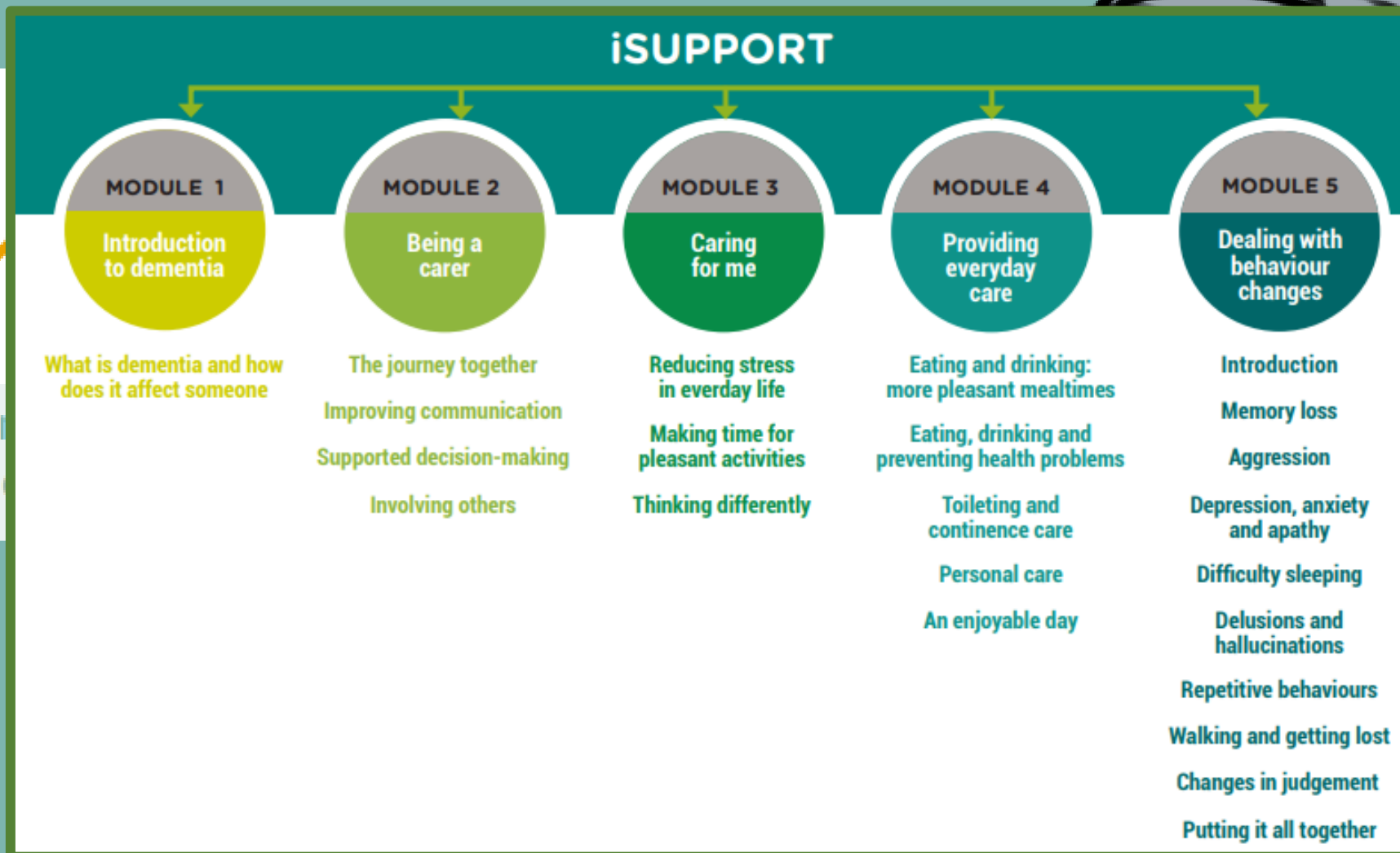
Bangladesh: mental health and telemedicine

- More than 80 District hospitals and sub-district health complex.
- ICDDR,B set up 4 telemedicine centers as a pilot basis in two districts of Bangladesh (Dinajpur and Netrokona district).
1000+ people in 6 months.



iSu
For

Training and
for carers



PILOT and SCALE UP successful models and innovative interventions, **harness digital technologies and telemedicine** to improve access to services and counselling

*Paro Declaration by the
Health Ministers of Member States
at the Seventy-fifth Session of
the WHO Regional Committee for South-East Asia
on
universal access to people-centred
mental health care and services*

